



AT HOME P.T. Inc. 221 Balmy Beach Rd, Owen Sound, ON N4K 5N4
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COVID- 19 Information Sheet March 14th 2020

AT HOME P.T. Inc. contracted service providers are dedicated professionals who consider the safety of the community and the patients they serve as their first priority. In this rapidly changing landscape of COVID -19 the physiotherapists are remaining current and implementing the recommended best practice guidelines of the Medical Officer of Health of the Public Health Unit and the infection control standards of practice of the College of Physiotherapists of Ontario. We will continue to follow the updates from local, provincial and federal health authorities to ensure that our practices are aligned with the latest recommendations.

Prior to the AT HOME P.T. Inc assessments and reassessment visits you will be contacted by telephone and screening questions will be asked to determine if the visit can proceed.

We encourage all patients, their families and the public to access information about COVID-19 on the Ontario government's dedicated web page <https://www.ontario.ca/page/2019-novel-coronavirus> which is **updated twice a day**, seven days a week. The Public Health Agency of Canada <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html> has stated that the risk for the general population is **low**, but that could change rapidly. There is an increased risk of more severe outcomes for individuals aged 65 and over, with compromised immune systems, and with underlying medical conditions.

Protect yourself and patients through these actions:

- Wash your hands often with soap and water and use alcohol-based hand sanitizer;
- Avoid touching your eyes, nose or mouth;
- Sneeze and cough into your elbow or sleeve;
- Increase awareness with staff and ensure that you have written protocols on infection prevention and control in your practice setting;
- Clean and disinfect frequently touched objects and surfaces;
- Use appropriate personal protective equipment when necessary, and
- Isolate yourself at home if you are sick.